

MARCH 7TH , 2025

Senior Voice

Trinity School, Teignmouth, TQ14 8LY



TRINITY
SENIOR VOICE

This Issue:

HEADMASTER'S Message

WORLD BOOK DAY

HOUSE POINTS UPDATE

FIXTURES

PLAYER OF THE MATCH

PANCAKE DAY

COMMENDATIONS

ON THIS DAY



HEADMASTER'S MESSAGE

The British American director Christopher Nolan is one of my favourite film makers. Dunkirk, 2017, Inception, 2010 and The Dark Knight, 2008 with Christian Bale and Heath Ledger on terrific form are all fantastic movies. I was particularly pleased that after a number of nominations, Nolan was to win the best picture and best director Oscar with his brilliant biopic, Oppenheimer, 2024. I even have a soft spot for the less well regarded Interstellar, 2014 but this weekend I found myself with my family revisiting Batman Begins, the first of his trilogy of superhero movies. It is a fine piece of work, gritty and emotional, conceptual but focused on an individual who is morally complicated but still heroic and therefore both comic book and real. After the week before, with its focus on a high profile "thank you" that was not, one scene towards the end of the movie struck me. After the first threat to Gotham City has been thwarted but with the possibility of further to come, Lieutenant Gordon speaking to Batman says, "I forgot to say, thank you", the Caped Crusader responds, "And you will never have to".

Continued overleaf...



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We are, many of us from childhood, encouraged to thank people, even in some cases when we didn't really want the present or the food offered was truly awful. It is only polite nevertheless and a corner stone of civil behaviour and a civilised society. What is more, gratitude, being thankful for things, is regarded as a key element in our wellbeing. Gratitude, as an expression of thanks to someone is also a part of engaging and interacting positively with our fellow humanity, another strongly recommended activity in promoting our wellbeing. Nevertheless, whilst I was brought up to always thank people, I was also brought up never to expect thanks. I would never do something where the stimulus was to receive thanks and still to this day am a little embarrassed when I am offered thanks.

Further to this, if you have to ask for gratitude, you will not know if it is sincere when it is given.

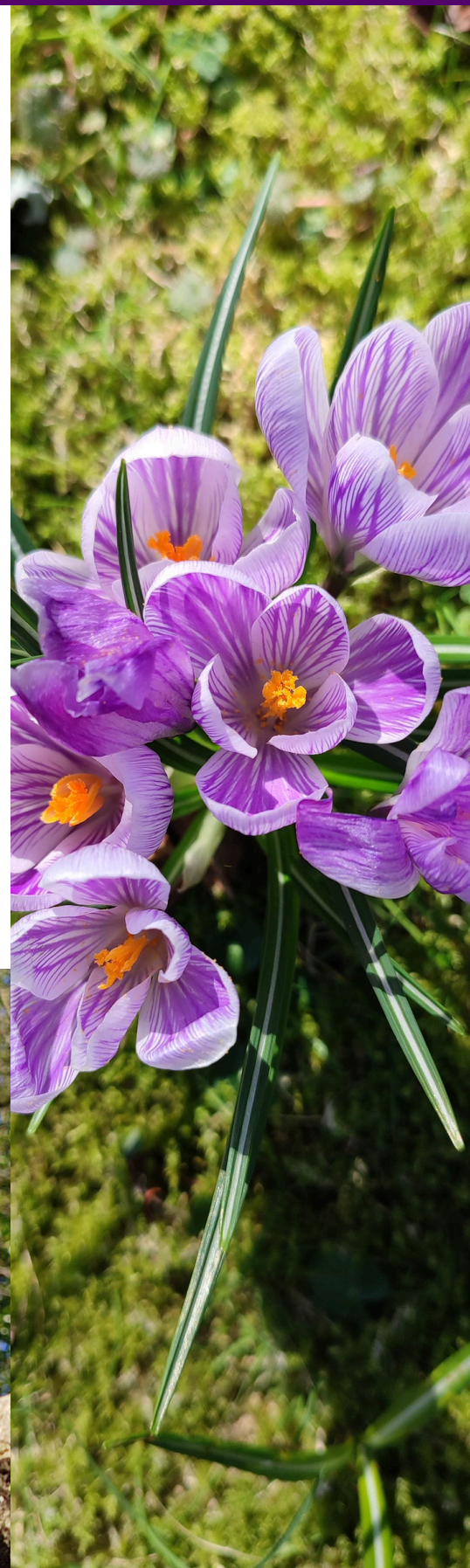
Psychiatrists tell us that demanding gratitude or worse still, demanding repeated thanks is an assertion of power, an attempt to assert mastery. In demanding gratitude, we can be in danger of suggesting that our treating someone in a kindly way is a favour that they should be grateful for the rest of their lives, perhaps even revealing a neediness of our own. The exchange of gift and thanks, particularly where one participant is in a more powerful position than the other becomes merely transactional, a symbol of supremacy rather than grace.

Yann Martel the author of the Booker Prize winning novel, *Life of Pi*, is certainly well known but the below unsolicited and unexpected note sent to him caused him to say, "It blows me away". It had the power of a thank you that was not transactional.

Mr. Martel — My daughter and I just finished reading *Life of Pi* together. Both of us agreed we prefer the story with animals. It is a lovely book—an elegant proof of God, and the power of storytelling. Thank you. Barack Obama

There is much in *Life of Pi* to recommend it to all US Presidents but perhaps it would be better currently if a little Swiss philosophy was read.

"Gratitude is a duty which ought to be paid, but which none have a right to expect" Jean Jacques Rousseau.



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WORLD BOOK DAY



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Thursday was World Book day. Mrs Stowell and the Year 12 English gave a Chapel Presentation about World Book Day. In celebration, students and Staff from across the school dressed up as their favourite book characters.



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HOUSE POINTS UPDATE

1st – Powderham 3619 points

2nd – Luscombe – 3625 Points

3rd – Ugbrooke – 3520 Points

Student Leaderboard

1st – Shakira May – 218 points

2nd – Jayden Kirungi - 184 points

3rd – Libbet Marshall - 168 points

4th – Jessica Sinclair - 160 points

5th – Alice Lovett – 158 points

Top Housepoint Earners

1st – Lily Mae Pettifer

2nd – Pixie Dollar

3rd – Libbet Marshall

"Determination is the fuel that turns setbacks into comebacks and obstacles into stepping stones toward success."



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FIXTURES

U15 FOOTBALL



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PLAYERS OF THE MATCH



Josh Smith

Reuben Cooke

Jayden Kirungi

Esmie Birch

Luca Impey



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PANCAKE DAY



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COMMENDATIONS



·Pixie Dollar
·Riley Fryer
·Luca Impey
·Willow Jeffery
·Shakira May
·Hugo Palmer
·Hannah Yandle
·Ethan Harris-Deans
·Ruby Simmons
·Tor Jones
·George Knight
·Sebastian Drake
·Alice Perrett
·Joshua Smith
·Alex Ajoku



·Samba Barrie
·Rowan Dale
·Antonio Cafaro
·Charlie Smith
·Logan Jeffery
·William Levio
·Lily-Mae Pettifer
·Esther Rigden Green
·Mykyta Chernetskyi
·Dami Omololu
·Isabel Sunshine
·Samuel Mortimer



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ON THIS DAY IN HISTORY... 7TH MARCH

In 321 Roman Emperor Constantine decrees "Dies solus invicti" that sun-day would be a day of rest...

In 1530 Pope Clement VII denied Henry VIII's request for a divorce...

In 1799 The Royal Institute was founded...

In 1876 Alexander Graham Bell patents the telephone...

In 1905 Sherlock Holmes was revived by Arthur Conan Doyle after pressure for the character to return...

In 1917 the 1st jazz record on a 78 released..

In 1935 Malcolm Campbell sets a new land speed record in 'Blue Bird' at 276.82mph...

In 1968 the BBC broadcasts the news for the first time in colour...

In 2019 Queen Elizabeth shares her first Instagram post..

In 2022 global deaths for Covid 19 pass 6 million but 57% of the world's population are vaccinated...

In 2024 Sweden is NATO's 32nd member...



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Nicola Collison

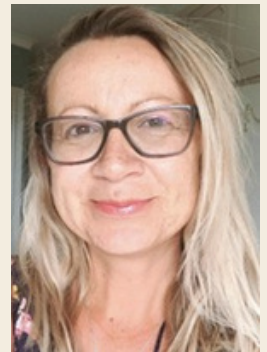
PG Dip in Play Therapy & Credited Counsellor (NCPS)

Talking and Creative therapy

IT'S OKAY TO ASK FOR HELP

I will have a room set up in school so children and young people can choose, with my guidance, how they want to use the sessions.

Hi there, my name is Nicola Collison. I am a qualified counsellor accredited by the NCPS (National Counselling and Psychotherapy Society) and have a Post-Graduate Diploma in Play Therapy. Before that, I was a Primary School Teacher for over 20 years.



No thought or feeling is ever too small or insignificant to explore

“Young people’s lives are so busy and full of pressures that they are having to deal with daily. The need for a safe space where they can be themselves and learn to understand feelings that arise has become ever more important.”

I have worked with children and young people with a variety of needs. Amongst these are bereavement, anxiety, self-esteem, gender, trichotillomania, addictive tendencies, self-harm, eating difficulties, emotional and behavioural difficulties, children with A.D.H.D. and autism. I work primarily in a person-centred way, but depending on how the person I am working with wants to progress, we can dip into different ways of working together either creative or Cognitive Behaviour Therapy (CBT). This will very much allow them to lead the session and me to be there to listen- we can explore together.

Please do get in touch: nccounselling7@gmail.com

Careers education learning journey (11 - 18)





YOU ARE ALL WARMLY INVITED TO ATTEND A -
'POP UP' ART EXHIBITION
A SELECTION OF YR7 – YR12 ART WORK
THURSDAY 27TH MARCH 3:40PM - 5:30PM
SENIOR ART ROOM

